

Wallingford Medical Practice

Patient Group NEWSLETTER August 2017



HEALTH WALKS

A very successful start has been made to the programme of health walks. At the moment, all walks are organised to suit complete beginners. Do come and join us if you can.

The next walk starts from the medical practice at 10.30 on Saturday 19th August

Please let us know by using one of the contact options that you intend coming so we can organise accordingly.

CONTACT US

Either by post to:

Wallingford Medical Practice, Reading Road

Wallingford OX10 9DU

OR

www.wallingfordmedicalpractice.co.uk.

maureen_norton@yahoo.com



PATIENT GROUP COMMITTEE

Maureen Norton
(Chair)

Pippa Burr

Jean Cowley

Emma Green

Paul Holmes

Simon Josephs

Carolyn Newbert

David Rowley

Anne White

Two members of reception staff have now been inducted as Carers' Champions. They are Kim Wise and Josie Peacock. If you are caring for a relative or a friend, please make this fact known to one of the champions at reception. It can be very helpful to your doctor if you are identified as a carer. Kim and Josie can make sure you are included in carers' initiatives and special news alerts.

The new family centre in Wigod Way is now open. Stay and Play sessions will be free for everyone on Mondays from 9 -12 throughout the summer. Other sessions will be announced. Check the Wigod Way Facebook page.

The practice has started a new programme of visits from Age UK. From 10 - 11.30 on the second Tuesday of every month Age UK will have a stand in the waiting area, where you can meet your local Community Networker. Help and advice on a huge range of age-related issues is available.

Visits for the rest of this year will be on:

Tuesday 12th September

Tuesday 10th October

Tuesday 14th November

Tuesday 12th December

If you have any queries, contact Rachel on 07827 235460

The Patient Participation Group is the new name for the old PiP group. PPG is the standard name for these groups throughout NHS England. To get involved with our group at the surgery, please email Maureen Norton, at maureen_norton@yahoo.com.